

FIT FAMILY GETAWAYS

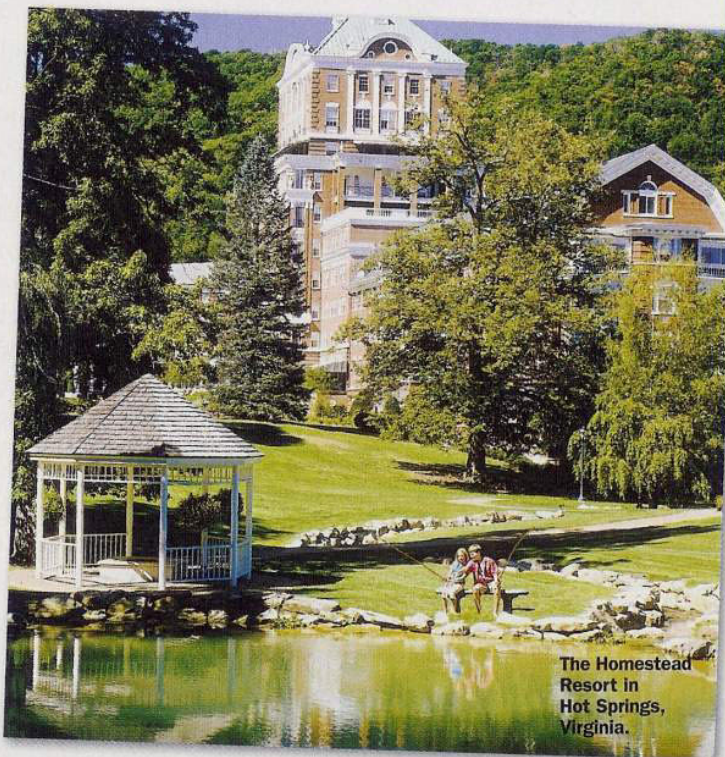
A VACATION WITH THE kids doesn't have to involve roller coasters, junk food or Mickey Mouse. These getaways offer activities like skating, surfing, skiing and kayaking with levels appropriate for all ages. They're "fun for the whole family"—for real.

The Homestead Hot Springs, Virginia

Built in 1766, the 506-room inn sits on 15,000 acres in the Allegheny Mountains. In the winter, swish down the resort's nine slopes and perfect the triple lutz on the Olympic-size rink. Send your child to the KidsClub for activities such as nature walks, swimming, sculpting and painting. There's also a teen-only club featuring paintball, pool tables and PlayStation 2.

Book a group pedicure or massage at the Spa Suite, an extra-large treatment room. There are children's spa services as well, including teen facials with skin-care advice.

FITNESS exclusive: Mention FITNESS and get the Family Getaway package at a 10 percent discount. Rates start at \$140 per night and include accommodations (up to two children under 12 stay free), breakfast, dinner, afternoon tea and use of the fitness center and indoor pool. Go to thehomestead.com.



The Homestead
Resort in
Hot Springs,
Virginia.

Butterfield & Robinson With the Kids multi- active vacations

Butterfield & Robinson offers multisport excursions around the globe. The company's "With the Kids" program offers daily activities for you to do together or on your own. (Child care is also provided.) Sign up for the Bears & Whales trip and you'll trek and kayak through British Columbia. The outing includes stargazing, whale watching and wildlife tracking. Rates for the Bears & Whales trip start at \$3,995 for adults, \$3,250 for kids, and include six nights' accommodations, meals, transportation, baggage transfers, gratuities and some activities. Go to butterfield.com.

The Phoenician Scottsdale, Arizona

Strike a pose in a 50-minute family yoga class, then head to the golf clinic. Other classes include ice cream making, pottery and painting. Rates start at \$625 a night. Go to thephoenician.com.

Surf Diva CoEd Family Surf Camp Weekend La Jolla, California

Learn *The O.C.* lingo while your kids master Moondoggie's moves in SoCal. You'll camp in the South Carlsbad State Park. During the day, enjoy surfing and hiking. Rates start at \$450 a night and include accommodations, meals, two surf lessons daily, some activities and equipment. Go to surfdiva.com. ■

ROAD TRIP REQUIRE- MENTS



► **Baby Sherpa Diaper Backpack** It features a soft-sided cooler, padded pouch, changing pad and lug handle. \$89; babysherpa.com.



► **Game Boy Advance SP** Never hear "Are we there yet?" again. This handheld gaming system provides up to 18 hours of continuous use. \$99.99; gameboy.com.



► **Book on Tape** Follow the mystical escapades of an orphan boy in *Eragon* by Christopher Paolini (Knopf, 2003). \$39.95; amazon.com.